DESTINATION GUIDE 2021

CABO SAN LUCAS, MEXICO

INTERNATIONAL STUDENT TOURS PRESENTS

NEED IST SPRING BREAK ON-SITE ASSISTANCE?

Do not hesitate to call. IST Spring Break Staff is here to help! If you have an issue or a situation during your trip, you must call (or text) us so we can assist. If you cannot readily locate an IST Spring Break Staff member, please **do not hesitate to call us** or head to the Tesoro Front Desk and ask for the ISTours Staff Room. If you are unable to contact us, have a friend call.

ON-SITE 24-HOUR IST SPRING BREAK NUMBER IS:

NEED TO CALL HOME?

Upon arriving we strongly encourage that you take a minute and call home. We often get calls from parents saying they have not heard from their son or daughter. To avoid unnecessary calls and worrying, take few minutes and calls your parents to let them know you made it to Mexico safely. The easiest way to call home is to use the payphones in the lobby. This will help you avoid costly hotel surcharges the hotel will charge when you call from your room. Simply dial the number listed on the pay-phone and a US operator will place a collect call. Please note that calling to the US from another country can be expensive and we recommend that you keep your call brief to avoid large phone charges. **Please Note:* If using your cell phone to call home, typical rates are \$2.00 per minute. Please keep calls brief! In addition, those <u>without</u> international Data Plans can incur enormous cell phone bills by leaving their Data Connection while in Mexico to avoid this we recommend keeping your phone in airplane mode.

NEED MEDICAL ATTENTION?

<u>IST Spring Break Staff are not doctors</u> and thus will not make any judgment calls on whether or not medical attention is necessary for any reason. This decision is entirely up to the traveler and his or her parents. <u>If you are in doubt as to whether</u> <u>medical attention is needed, we strongly recommend you contact your parent(s)</u> <u>and/or guardian(s) and ask for advice</u>. If you are in need of medical attention and it is a non-emergency, you can locate an IST Spring Break Staff member for directions to the nearest medical facility. Hotel visits can also be arranged and English-speaking staff members are available. Travel insurance is accepted. If you cannot find an IST Spring Break Staff member, simply go to your hotel front desk for assistance or call the number above. **If it is an emergency**, <u>dial 066</u> and have **your friend notify an IST Spring Break Staff Member**.

IMPORTANT NUMBERS

- IST Spring Break Staff 24-Hour On-site Staff Number: +1 (916) 802-0982
- American Consulate: +52 (664) 748-0129 or +52 (624) 143-3566 / From the U.S.: 1-844-528-6611
- AMC Walk-in Clinic/Urgent Care: +52 (624) 143-5911
- Hospiten (Hospital) Cabo San Lucas: +52 (624) 145-6000
- Police Department: +52 (624) 143-3977

*If calling any Mexico number from the United States, remember you must dial 011-52 first.

HELPFUL SAFETY & TRAVEL

- Tourist Visa Card On your flight into Mexico you were required to fill out a Tourist Visa Card and present it to a Mexican immigration official. The official should have returned a portion of the card to you. DO NOT LOSE THIS CARD! Make sure you store it in a safe place. You will be required to present this card before leaving the country. Replacement cards can cost \$50.00 U.S. dollars or more.
- The Laws of Mexico In general, all laws that apply in the United States also apply in Mexico. The difference is in Mexico you will be tried as an adult regardless of your age and unlike the U.S., in Mexico, you are essentially treated as "Guilty Until Proven Innocent." Use common sense and treat others with respect and you shouldn't have any trouble. However, using, possessing, buying, and/or selling drugs, fighting, urinating in public, vandalism, theft, and climbing hotel balconies are ways tourists often find themselves in a Mexican jail. If you taunt or harass a law enforcement officer, you will be arrested. Also, do not walk on the beach or swim in the ocean at night. IST Spring Break travelers may be required to provide identification to enter certain nightclubs and restaurants.
- Hydration After many hours of flying, combined with laying in the sun, lack of sleep, it's critical that you stay hydrated. Be sure to drink lots of water during your IST Spring Break in the tropics. You'll feel better, be less susceptible to illness, and you have an overall better experience!
- The Buddy System Although Cabo is a popular tourist and resort destination, we highly recommend you use the buddy system! Please stay out in groups, especially

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when going back to your hotel at night. Always remember that there is safety in numbers! If you leave the hotel or an event, also tell a friend where you are going and when you plan to return.

- **Taxi's** Getting around is typically done by Taxi (Uber and Lyft do not legally operate in the Cabo) so plan to have cash on hand for this, and traveling in groups is the safest and most economical way to go. The taxis run all day and night (less frequent in the early morning hours). They will cost anywhere from \$3-\$35 per person depending on where you want to go. You can take up to 4 people in a standard taxicab. We strongly recommend that no one rides alone, especially at night!
- Cabo Public Transit System Runs passenger buses 24 hours a day during the summer months. The bus route covers the entire length of the Hotel Zone and costs only 11 pesos per person. The public buses are the easiest and least expensive way to get where you need to go in Cabo. However, it should be noted that you can walk anywhere in the downtown area as it's all in close proximity to the hotel.
- Money The current currency exchange rate in Mexico is about 20 pesos to 1 U.S. dollar. However, exchange rates change daily. If you're looking for the best rate, you will want to exchange your money at one of the exchange booths located throughout downtown Cabo. If you're looking for convenience, most hotels will exchange money at the front desk.
- **Drugs** Just say NO! DRUG POSSESSION AND USE IS ILLEGAL. Do not buy, sell, or use drugs anywhere. You will be kicked out of your hotel and end up in jail at your own expense!
- Hotel Room Damage You and your roommates are all responsible for paying for any and all damage to your room. This also includes any extensive cleaning due to stains, smoking, liquid spills, etc. Take care of your room!!! Upon arriving at your room make sure you and your roommates take 5 minutes to check your room and report any damages to the room if any so that you are not charged for it when you check out. Please walk down to the front desk and report any damages immediately. Do not let strangers into your room. Keep your doors locked at all times, including any balcony sliders.
- Hotel Safe Deposit Boxes We strongly recommend that you put all of your valuables in your safe deposit box upon check-in. THIS INCLUDES PASSPORT, CELL PHONES, JEWELRY, GO PROS, MONEY, ETC!!! If a box is not provided to you in your room, you can get one at the front desk. *Report any missing/stolen items IMMEDIATELY to the HOTEL.
- Mopeds & Motorized Water Sports We strongly recommend NOT renting mopeds, Jet-skis, or other motorized water sport equipment. Moped collisions are a common occurrence and you are responsible for any damages. All equipment is owned locally and any damage to the equipment will be your responsibility. Be careful! Many students have been charged for damage they may not have done. Check the equipment for damage and report it before using it.
- Ocean The currents off the coast of Cabo can be very strong and have a
 deceptively strong undertow. During the day please check with your hotel for the
 day's conditions. Many hotels also use a flag warning system to warn against
 potential hazards. Respect all posted warnings and swim in the ocean with caution.
 Regardless, do not go into the ocean at night. It is extremely dangerous!
- Balconies Do not sit on the ledge of your balcony or try and jump balconies from one room to another. It is very easy to fall off your balconies. Fatalities have occurred from this in the past!
- **Crossing the Street** While it may seem simple enough, this is one of the most dangerous activities in Cabo. Always look both ways and take it seriously. Cars and buses drive very fast down the roads and often do not yield to pedestrians. Unlike the U.S., pedestrians do not have the right of way. Use extreme caution when crossing the road and only cross in designated crosswalks.
- Wristbands You should have received your IST Spring Break wristband at your onsite welcome orientation. All travelers receive an IST Spring Break wristband. Do not lose your wristband and make sure to wear it at all times.
- Checkout Travelers MUST clean up their rooms and pick up all trash (very important) and pack their bags the night before departure. On the day of your departure, proceed to the front desk to settle any incidental balances in your room.
 You must be in the lobby 3 hours prior to your scheduled flight departure time. If your flight is not until late afternoon or evening, hotel checkout is at 12:00 pm AM and you can check your bags at the bell desk. We suggest some last-minute shopping!
- COVID-19 Testing Upon returning to the U.S., all travelers are required to show proof of a negative COVID test, taken less than 72-hours from flight departure time. The Tesoro Hotel offers COVID Testing for \$23 per person.

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IST SPRING BREAK



COVID-19 INFORMATION

We're so happy you're here to have the trip of a lifetime! We want you to have the best week of your life but more importantly, we want you to be SAFE! Here's what you need to remember to have a happy and healthy Spring Break trip:

- Wash your hands OFTEN, for at least 20 seconds!
- When soap and water aren't available, use a hand sanitizer that contains at least 60% alcohol.
- Stay at least 6 feet away from others when possible! Space out those beach chairs!
- Wear your mask whenever you are in public.
- Cover coughs & sneezes- If you don't have a tissue, cough or sneeze into your elbow & immediately wash your hands.
- Avoid touching eyes, nose, and mouth.
- If you have a fever, cough, or difficulty breathing, seek medical attention and inform an IST Spring Break staff member IMMEDIATELY!
- Regularly clean hard surfaces. This means allowing housekeeping to clean your room DAILY!
- Drink only from your OWN cup- Do NOT share drinks!
- Relax, be safe, and get ready for the best week of your life!

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How to get your COVID-19 Test while visiting Tesoro Los Cabos?

On January 12, 2021, **The Center for Disease Control and Prevention** (CDC) expanded the requirements for negative COVID-19 test to all passengers entering the United States of the CovID-19 test to all passengers entering the United States (In the Checkpoint and Punto Impigoto to ensure our safety measures in place, in addition, Our guest will now be able to take The Covid-19 antigent test in place with a special affordable price.

Pay your \$23 USD Rapid Test (Antigen) in front desk during your check in / in advance at reservation department / or during your stay. Get your receipt and book your test with concilered desk, you will receive a \$20 USD coupon resort credit valid in our Restaurants or \$pa Service (Max 2 per Room).

The test must be done minimum 48 hrs prior your departure

Hand in your pre-filled questionnaire (name and age must be the same of your passport) + receipt to the medical staff and take your COVID test.

Results will be sent via email or printed, present the digital certificate to the airline.

Important:

If you test positive, Tesoro Los Cabos offers a special discounted rate starting from 375 USD taxes & services included on a single-double occupancy and 50% discount in food & beverages from the Room Service aption + service fee. The local Health Authorities recommend a special Healthy Menu for all COVID guests.

 Please note that all guests, including kids over 2 years old must take the test as well.
 Ask for the PCR test special cost and appointment availability at the front desk (Canada & European Countries), test must be done 48-72 hours prior to departure.

> MORE INFORMATION? 77 674 6706 CABORESERVATIONS@TESORORESORTS.C ALLICUISING - INTELS / MANZARIONS@TESORORESORTS.C ALLICUISING - INTELS / MANZARIONELOS / ADDC - LOS 0 TESOROCABO

CABO LOCATION INFO

